RECOMMENDED REQUIREMENTS FOR SUCCESS:

- It is desirable that students have completed the HPE course in Year 10 and gained a sound level of achievement (C).
- Students will be required to participate in a range of physical activities and complete theoretical tasks which may require written, oral and electronic communication skills.

** Subject to the availability of human and physical resources **

AIMS

This qualification provides the knowledge and skills for individuals who wish to work in the sport and recreation industry in a general entry level position.

COURSE OUTLINE

Students will study 13 units with a focus on conducting sport and recreation sessions and coaching principles. The majority of the course is conducted in practical settings where students learn how to safely and effectively prepare and conduct sport and recreation sessions. Students will develop skills in equipment care and maintenance, injury prevention and initial treatment, coaching and group leadership, officiating, tournament organisation, workplace health and safety and client relations. They will also develop their ability to communicate and work in a team employment setting. The emphasis of the course is on development of the student’s skills for employment in the recreation industry.

Students will complete the following units:

- BSBWOR202A Organise and complete daily work activities
- BSBSUS201A Participate in environmentally sustainable work practices
- HLTFA301B Apply first aid
- SISEM201A Respond to emergency situations
- SISIND101A Work effectively in sport and recreation environments
- SISXOH101A Follow occupational health and safety policies
- SISXCS201A Provide Customer Service
- SISXCA101A Provide equipment for activities
- SISXCA102A Assist in preparing sport and recreation activities
- SISXFAC201A Maintain Sport and Recreation equipment for activities
- SISXFAC202A Maintain Sport and Recreation facilities
- SIRXCLM001A Organise and Maintain work areas
- SISSCGP201A Apply legal and ethical coaching practices

ASSESSMENT

Students must demonstrate competence by using knowledge and skills in a variety of situations. This will occur mostly through organising and leading recreation and coaching sessions for their peers and junior students. Students’ written work is combined with teacher observations to form a portfolio of evidence of competence.

FUTURE PATHWAYS

This course is a pathway course to Certificate III and Certificate IV options in the Sport, Recreation and Fitness training package, such as Certificates III and IV in Fitness and Certificates III and IV in Outdoor Recreation. These can lead to undergraduate university courses and careers in fitness instruction, strength and conditioning coaching, junior sports development, sports coaching, community recreation and outdoor and adventure recreation.

COST:

- First Aid Course - $120 approximately (not included in Student Resource Scheme)